

Section D: Functional Status- Quick Reference

1. Activities of Daily Living Self-Performance

- **Bathing-** How an individual takes a full- body bath/shower. This includes how the individual transfers in and out of bath/shower and how the individual washes upper and lower body parts. This excludes washing of back and hair and basin baths
- **How to score:** If the individual requires assistance, ask the individual to describe the bathing process. To ensure you mark the correct indicator, you may need to ask follow-up questions for clarification. If the individual has not had a full-body bath in the past 3 days, then the correct indicator would be *activity did not occur during the entire period*.

- **Personal Hygiene-** How an individual completes personal hygiene tasks. Examples of personal hygiene tasks are combing hair, brushing teeth, shaving, applying make-up, washing and drying hands and face. This excludes baths and showers.
- **How to score:** If the individual requires assistance, ask the individual to describe the process. To ensure you mark the correct indicator, you may need to ask follow-up questions for clarification. When marking an indicator be sure to mark the indicator that represents the assistance that occurs the most often. If the individual has not performed any personal hygiene in the last 3 days, then the correct indicator would be *activity did not occur during the entire period*.

- **Dressing Upper Body-** How the individual dresses or undresses the upper body. This is to include any prostheses, orthotics, fasteners or pullovers
- **How to score:** If the individual requires assistance, ask the individual to describe the process. To ensure you mark the correct indicator, you may need to ask follow-up questions for clarification. When marking an indicator be sure to mark the indicator that represents the assistance that occurs the most often. If the individual has not changed clothes in the last 3 days, then the correct indicator would be *activity did not occur during the entire period*.

- **Dressing Lower Body-** How the individual dresses or undresses the lower body (from the waist down). This is to include any prostheses, orthotics, fasteners, shoes, and socks
- **How to score:** If the individual requires assistance, ask the individual to describe the process. To ensure you mark the correct indicator, you may need to ask follow-up questions for clarification. When marking an indicator be sure to mark the indicator that represents the assistance that occurs the most often. If the individual has not changed clothes in the last 3 days, then the correct indicator would be *activity did not occur during the entire period*.

- **Walking-** How an individual walks between locations on the same floor indoors.
- **How to score:** If an individual requires assistance with walking have them describe how they walk or have the individual physically demonstrate how they move throughout the home. Remember to score on the action of walking and not the transfer to one's feet. Mark the indicator that represents the individual's movement after they have transferred to a standing position.

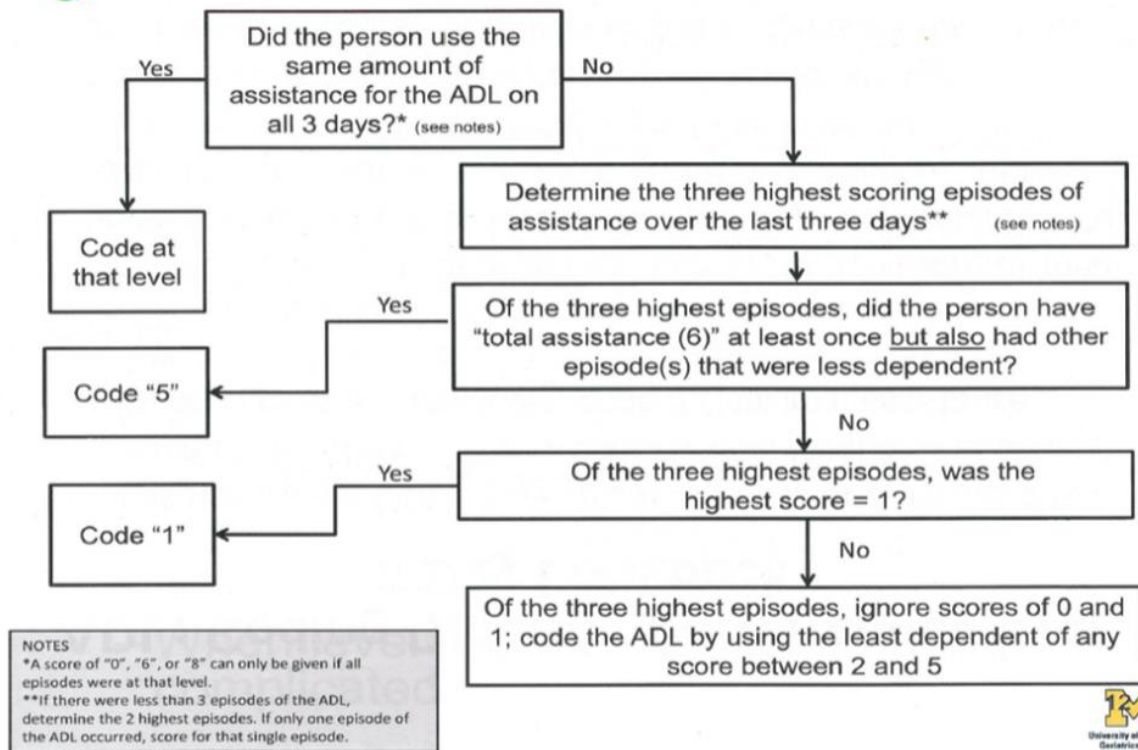
- **Locomotion-** How an individual moves between locations on the same floor indoors. This includes walking and wheelchair use. If the individual uses a wheelchair, then the score should portray the level of independence of the individual once they are in the wheelchair.
- **How to score:** If an individual requires assistance with walking or wheelchair mobility have them describe how they move from one place to another or have the individual physically demonstrate how they move throughout the home. Remember to score on the action of walking or moving wheelchair and not the transfer. Mark the indicator that represents the individual's movement after they have transferred to a standing position or into the wheelchair.

- **Transfer toilet-** How and individual moves onto and off of the toilet
- **How to score:** If the individual requires assistance with transferring on or off of the toilet have them describe the process. This will help mark the correct indicator. If the individual does not use the toilet, then *Activity did not occur during the entire period* would be marked.

- **Toilet Use-** How an individual uses the toilet, bedpans, pads, pull-ups, urinal. This also includes post toileting cleaning and post incontinence cleaning. This excludes transferring on and off of the toilet.
- **How to score:** If an individual requires assistance have them describe what they are able to do independently and what assistance is required. If the individual is independent with toileting and is able to clean themselves post toileting, then *Activity did not occur during the entire period* would be marked.

- **Eating-** How an individual takes in nourishment regardless of skill. This includes receiving nourishment through a feeding tube.
- **How to score:** If an individual needs assistance with eating then have the individual or family describe mealtime. Mark the indicator that best fits the mealtime scenario in the past 3 days. If an individual has a feeding tube and he is able to complete the entire feeding process independently then *Independent- no physical assistance, set-up or supervision in any episode* should be marked.

interRAI Functional Performance Coding Flowchart



Bathing Example

Mrs. G was able to bath three times a week. Her helper did not need to assist her into the shower stall in her home. However, due to a recent spinal fusion surgery, she did need assistance since she was unable to reach her legs and feet.

In this situation, Mrs. G was able to perform most of the tasks on her own, but needed the helper to lift her legs one-at-a-time so she could scrub them with a long-handled bath brush.

The correct rating for Mrs. G is "4 – Extensive assistance."



- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☒ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Personal Hygiene Example

Mr. D's lost his right arm and both legs from an explosion at his former workplace. While he is able to perform all of his personal hygiene tasks with setup help, the most difficult one for him is shaving. He insists on using a safety razor instead of an electric shaver, saying it provides a closer shave. His wife is frustrated because it often takes him over an hour to shave.

Despite the length of time it takes Mr. D to shave, he only needs setup help to perform his personal hygiene tasks.

The correct rating for Mrs. D is "1 – Independent, setup help only."



- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☒ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Dressing Upper Body Example

Over the last 18 months, Mr. S's Parkinson's Disease has progressed to the point where he is only able to assist with dressing his upper body. He can move his arms to assist with putting on shirts but is unable to button them. He is completely unable to assist with his lower body and depends on his helper to perform all tasks.

Because his helper must perform more than 50% of the tasks for dressing his upper body, the correct rating for Mr. S D is "5 – Maximal assistance."



- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Dressing Lower Body Example

Over the last 18 months, Mr. S's Parkinson's Disease has progressed to the point where he is only able to assist with dressing his upper body. He can move his arms to assist with putting on shirts but is unable to button them. He is completely unable to assist with his lower body and depends on his helper to perform all tasks.

Because his helper must perform all tasks for dressing his lower body, the correct rating for Mr. S D is "6 – Total dependence."



- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☒ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Walking Example

Mrs. W has severe arthritis in her lower back and hips. She often needs assistance getting up from a seated position. She has learned to keep her cane with her for support while walking. During the assessor's visit Mrs. W's daughter helped her from her chair, and then Mrs. W carefully walked to the desk in the next room to retrieve her glasses.

While Mrs. W needs help getting to her feet, she is able to walk without assistance from others. The correct rating for Mrs. W is "0 – Independent."



- ☒ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Locomotion Example

While it often takes two helpers to assist Mr. P with transfers in and out of his wheelchair, once in the wheelchair he is able to navigate through his home without assistance.

Once in his wheelchair, Mr. P needs no assistance with locomotion; the correct rating for Mr. P is "0 – Independent."



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- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Transfer Toilet Example

Ms. A can easily transfer from her wheelchair to most other chairs. While she has considerable strength in both arms, she has limited mobility in terms of being able to extend her arms more than 30 to 40 degrees from her body. This makes it difficult for her to transfer to the toilet at home and in most places. Her helper assists her by lowering a specially made support rail that Ms. A can use to transfer. Once the transfer is complete, Ms. A pushes the hinged support rail back against the wall, and her helper leaves the room. Mrs. A can transfer back to her wheelchair without any assistance.

Ms. A only needs setup assistance from her helper. The correct rating for Ms. A is "1 – Independent, setup help only."



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- ☒ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Toilet Use Example

Mrs. Q's Alzheimer's Disease has progressed to stage 6 severe cognitive decline. Twice in the last week, Mrs. Q needed assistance with toileting. She was unable to perform any of the tasks without assistance from her granddaughter. The granddaughter needed to support Mrs. Q while she was on the toilet so she would not fall, and needed to clean Mrs. Q afterward.

Because her granddaughter must perform all tasks for toilet use on at least two occasions, the correct rating for Mrs. Q is "6 – Total dependence."



- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☒ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Eating Example

Mr. E suffered a brain injury from an automobile accident two years ago. Since that time, he has difficulty remembering how to do things he used to do instinctively. One example is related to meals. On most days, when his dinner is brought to him by his wife, Mr. E will stare at it until his wife reminds him it's his dinner and he is supposed to eat it. She frequently has to show him the tableware and place it in his hand. Once she has done this, he is typically able to complete the meal on his own.

Because his wife must do more than provide significant supervision and cues, by helping him grasp and hold the tableware, the correct rating for Mr. E is "3 – Limited assistance."



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- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☒ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

2. Locomotion/Walking

A. Primary mode of locomotion- The individual may be completely independent, or the individual may use an assistive device. An assistive device may be a cane, walker, rollator walker, wheelchair or power chair.

How to score: If the individual requires an assistance device for locomotion in the past 3 days then the correct indicator should be marked. If the individual has used multiple types of assistance devices in the past 3 days, choose the indicator of the primary mode of locomotion.

2. Locomotion/Walking

a. Primary Mode of locomotion **

- ☐ 0 - Walking, no assistive device used in the last 3 days
- ☐ 1 - Walking, uses assistive device in the last 3 days - e.g., cane, walker, crutch, pushing wheelchair
- ☒ 2 - Wheelchair, scooter used in the last 3 days
- ☐ 3 - Bedbound for the last 3 days

3. Managing Medications

Purpose: To determine how the individual manages their medications. This includes remembering to take medications, opening medication bottles, knowing what medication to take and when. This also includes management of injections and topical ointments.

How to score: If the individual requires any assistance in the past 3 days then the correct indicator should be marked. If the individual has not required assistance past 3 days, choose “0 – Independent – No help, setup, or supervision.”

3. Managing Medications

How medications are managed (e.g., remembering to take medications, opening bottles, taking correct drug dosages, giving injections, applying ointments). Consider all episodes over 3-day period.

- ☐ 0 - Independent - No help, setup, or supervision
- ☐ 1 - Setup help only
- ☐ 2 - Supervision - Oversight / Cuing
- ☒ 3 - Limited assistance - Help on some occasions
- ☐ 4 - Extensive Assistance - Help throughout task, but performs 50% or more of tasks on own
- ☐ 5 - Maximal Assistance - Help throughout task, but performs less than 50% of tasks on own
- ☐ 6 - Total Dependence - Full performance by others during entire period

Case Study # 1:

Mrs. H is an 85-year-old residing with her spouse. In the past 3 months, Mrs. H's physical health has been declining. She has been relying on her spouse to assist her with dressing. Her daughter sets-up her medications once per week. Last week Mrs. H had a stroke which left her with left side paralysis. The local AAA was contacted to complete an assessment on Mrs. H for preadmission into a nursing facility. Mrs. H informed the assessor that she really doesn't want to go to a nursing facility. She feels that she will be able to go home if she has in-home care. She told the assessor that she hasn't had a good bath since she's been admitted to the hospital. She has only been given an in-bed sponge bath by the nurses. She can brush her hair, wash her face and brush her teeth when given the equipment to do so. She doesn't like that she has to use a bedpan and rely on the nurses to clean her post toileting. Mrs. H told the assessor that she has been in the same hospital gown since she was admitted. She would love to have on her own clothes. Mrs. H said that she was only out of bed once and that was 2 days ago. She stated that it took 2 nurses to get her into a wheelchair. She admitted that she was surprised that she couldn't put any weight on her left leg, but was able to put weight on her right leg. The nurses wheeled her to physical therapy. Mrs. H doesn't like physical therapy but knows it will get easier. Mrs. H really wants to regain use of her left hand. She stated that it is hard to eat with one hand. She is able to do it now, but she gets frustrated. She said it doesn't matter how frustrated she gets she will not let somebody feed her. She already hates that the nurses have to do her insulin injections. Mrs. H states that she can take her pills on her own, but she struggles with the injections, so it is easier to have the nurses do this for her.

A. Bathing

1. Activities of Daily Living Self-Performance

Consider all episodes over 3-day period

a. Bathing **

How takes a full-body bath / shower. Includes how transfers in and out of tub or shower AND how each part of body is bathed: arms, upper and lower legs, chest, abdomen, perineal area - EXCLUDE WASHING OF BACK AND HAIR

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cuing
- ☐ 3 - Limited assistance - Guided maneuvering of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

This activity did not occur during the 3 day period. Hence, the correct rating is 8 – Activity did not occur during entire period.

B. Personal Hygiene

b. Personal hygiene **

How manages personal hygiene, including combing hair, brushing teeth, shaving, applying make-up, washing and drying face and hands - EXCLUDE BATHS AND SHOWERS

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☒ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

She has been able to brush her hair, wash her face, and brush her teeth with no assistance other than having the needed materials placed within her reach.

C. Dressing Upper Body

c. Dressing upper body **

How dresses and undresses (street clothes, underwear) above the waist, including prostheses, orthotics, fasteners, pullovers, etc.

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

This activity did not occur during the 3 day period. 8 – Activity did not occur during entire period is the correct rating.

D. Dressing Lower Body

d. Dressing lower body **

How dresses and undresses (street clothes, underwear) from the waist down, including prostheses, orthotics, belts, pants, skirts, shoes, fasteners, etc.

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

This activity did not occur during the 3 day period. 8 – Activity did not occur during entire period is the correct rating.

E. Walking

e. Walking **

How walks between locations on same floor indoors

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

This activity did not occur during the 3 day period. 8 – Activity did not occur during entire period is the correct rating.

F. Locomotion

f. Locomotion **

How moves between locations on same floor (walking or wheeling). If in wheelchair, self-sufficiency once in chair

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Mrs. H required full assistance during the last 3 days. She was unable to move about without help and was not self-sufficient in the wheel chair due to her inability to use her left hand.

G. Transfer Toilet

g. Transfer toilet **

How moves on and off toilet or commode

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

This activity did not occur during the 3 day period. 8 – Activity did not occur during entire period is the correct rating.

H. Toilet Use

h. Toilet use **

How uses the toilet room (or commode, bedpan, urinal), cleanses self after toilet use or incontinent episode(s), changes pad, manages ostomy or catheter, adjusts clothes - EXCLUDE TRANSFER ON AND OFF TOILET

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☐ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☒ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☐ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

Mrs. H required extensive assistance during the last 3 days. She must rely on a nurse to assist her with a bedpan and post toileting cleaning.

I. Eating

I. Eating **

How eats and drinks (regardless of skill). Includes intake of nourishment by other means (e.g., tube feeding, total parenteral nutrition)

- ☐ 0 - Independent - No physical assistance, setup, or supervision in any episode
- ☒ 1 - Independent, setup help only - Article or device provided or placed within reach, no physical assistance or supervision in any episode
- ☐ 2 - Supervision - Oversight / cueing
- ☐ 3 - Limited assistance - Guided manoeuvring of limbs, physical guidance without taking weight
- ☐ 4 - Extensive assistance - Weight-bearing support (including lifting limbs) by 1 helper where person still performs 50% or more of subtasks
- ☒ 5 - Maximal assistance - Weight-bearing support (including lifting limbs) by 2+ helpers - OR - Weight-bearing support for more than 50% of subtasks
- ☐ 6 - Total dependence - Full performance by others during all episodes
- ☐ 8 - Activity did not occur during entire period

While Mrs. H has difficulty eating with just one hand, she can do it when food and utensils are placed within her reach.

1. Locomotion/Walking

2. Locomotion/Walking

a. Primary Mode of locomotion **

- ☐ 0 - Walking, no assistive device used in the last 3 days
- ☒ 1 - Walking, uses assistive device in the last 3 days - e.g., cane, walker, crutch, pushing wheelchair
- ☒ 2 - Wheelchair, scooter used in the last 3 days
- ☐ 3 - Bedbound for the last 3 days

Mrs. H's only form of locomotion over the last 3 days was being wheeled in a wheelchair.

2. Managing Medication

3. Managing Medications

How medications are managed (e.g., remembering to take medications, opening bottles, taking correct drug dosages, giving injections, applying ointments). Consider all episodes over 3-day period.

- ☐ 0 - Independent - No help, setup, or supervision
- ☐ 1 - Setup help only
- ☐ 2 - Supervision - Oversight / Cuing
- ☐ 3 - Limited assistance - Help on some occasions
- ☒ 4 - Extensive Assistance - Help throughout task, but performs 50% or more of tasks on own
- ☐ 5 - Maximal Assistance - Help throughout task, but performs less than 50% of tasks on own
- ☐ 6 - Total Dependence - Full performance by others during entire period

Over the last 3 days Mrs. H has been able to take most of her medications, but she has been unable to self-administer her insulin injections.